



VIVEKANANDHA
COLLEGE OF ENGINEERING FOR WOMEN (AUTONOMOUS)
Approved by AICTE, New Delhi, Affiliated to Anna University, Chennai.
Elayampalayam, Tiruchengode – 637205.

5.1.3 LIFE SKILLS

(YOGA, PHYSICAL FITNESS,

HEALTH AND HYGIENE)

ACADEMIC YEAR

2022-2023



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LIFE SKILLS (YOGA, PHYSICAL FITNESS, HEALTH AND HYGIENE)

Sl.No	Name of the Capacity Development and Skill Enhancement Programme	Date of Implementation	Number of Students Enrolled	Name of the Agencies/Consultants Involved with Contact details, if any
1.	International Day of yoga 2022 Celebration	21.06.2022	50	Ms.Jayashree BSc Physics Vivekanandha College of Engineering for Arts and Science
2.	Health Awareness and Yoga Session	28.11.2022	584	Menaka Rajendran Art of Living
3.	Stress Management and Yoga Session	21.12.2022	36	Mrs.RathnaDevi Art of Living




PRINCIPAL,
Vivekanandha College of Engineering
for Women, (Autonomous)
Tiruchengode (Tk.) Namakkal (Dt.)
Tamilnadu - 637 205.



VIVEKANANDHA COLLEGE OF ENGINEERING FOR WOMEN
(Autonomous)

DEPARTMENT OF ELECTRONICS AND COMMUNICATION ENGINEERING
&
YOGA CLUB

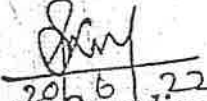
REF: VCEW/ 2022/ YOGA.CIR 004

Date : 20.06.2022

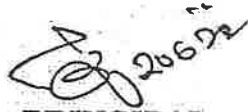
YOGA CIRCULAR

Sub: YOGA Program - faculty -Reg.

In connection with Yoga Club, it has been planned to conduct yoga session for our faculty titled "International Day of Yoga 2022 Celebration" on 21.06.2022 from 3.30 pm to 4.30 pm. Ms.R.S.Jaishri, BSc Physics from Vivekanandha College of Arts and Science for women is going to handle the session. In this regard, all the Department HODs are requested to intimate the faculty members and give them permission to attend the same at VCEW seminar Hall.


20/6/22
Yoga Coordinator
(Dr.S.KOKILA, AP/ECE)
9976360466


21/6/22
HOD/ECE


20/6/22
PRINCIPAL

Remarks

Executive Director

Remarks



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**VIVEKANANDHA COLLEGE OF ENGINEERING FOR WOMEN
[AUTONOMOUS]**

Elayampalayam, Tiruchengode - 637 205



**DEPARTMENT OF ECE & YOGA CLUB
JOINTLY ORGANIZED**

**International Yoga Day
Celebration**

21 th june, 2022

Resource person

Ms.R.S.JAISHRI, BSc.,Physics

VICAS

Preside Over By

"Vidhya Rathna" prof.Dr.M.Karunanithi ,B.Pharm.,M.S.,Ph.D.,D.Lit.,

Chariman&Secretary,

Vivekanandha Educational Institutions & Hospital

Thiruchengode & Sankagiri




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**VIVEKANANDHA COLLEGE OF
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**INTERNATIONAL DAY OF YOGA 2022
CELEBRATION**

21.06.2022

REPORT

Higher Educational Institutions were directed to celebrate International Day of Yoga-2022 by AICTE in a befitting manner with their high 'spirits'. Keeping in view the importance of Celebrating International Day of Yoga-2022, the Department of ECE and Yoga Club of VCEW Jointly organized "International Day of yoga 22 Celebration" on 21.06.2022 at VCEW Seminar. The program coordinator welcomed the resource person **Ms.RS. JAISHRI** B.Sc. Physics of VIVEKANANDHA COLLEGE OF ARTS AND SCIENCE. AICTE presented a wonderful opportunity to celebrate International Yoga Day at our college premises through yoga videos given by experts and the same has been Displayed in projector. Followed by this the yoga resource person Ms. RS JAISHRI delivered session on the importance of yoga and its benefits on various stages through yoga exercises. She also performed yoga physically, our faculty also performed yoga following the resource person. They experienced the true essence of yoga. The faculty members discovered an authentic, accessible practice that deeply benefits mind, body, & spirit. They also gained practical experience and its benefit, life-enhancing yogic wisdom & insight into your "Mind-Body-Soul" well-being for greater health & vitality.




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VIVEKANANDHA COLLEGE OF ENGINEERING FOR WOMEN
(Autonomous)

DEPARTMENT OF ELECTRONICS AND COMMUNICATION ENGINEERING
&
YOGA CLUB


REF: VCEW/ 2022/ YOGA.CIR 001

Date : 25.11.2022

YOGA CIRCULAR

Sub: YOGA Program - Students -Reg.

In connection with Yoga Club, it has been planned to conduct yoga session for our students titled " **Health Awareness and Yoga Session**" on **28.11.2022** from **10.30 am** to **1.00pm**. **Ms.Meenaka Rajendran, Art of Living- Salem** is going to handle the session. In this regard, respective HODs are requested to intimate the students and give them permission to attend the same at VCEW seminar Hall. Willing students of each department can enroll their name to the concerned incharge.


Yoga Coordinator
(Dr.S.KOKILA, AP/ECE)
9976360466


HOD/ECE


PRINCIPAL

Remarks

Executive Director

Remarks




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**YOGA CLUB & DEPARTMENT OF ELECTRONICS AND
COMMUNICATION ENGINEERING**

Cordially invite you to

**“HEALTH AWARENESS AND YOGA
SESSION”**

Chief Guest

**Ms. Meenaka Rajendran
Art of Living, Salem**

Venue: VCEW SEMINAR HALL

DATE: 28.11.2022

Time : 10.00 am to 12.30 pm

Presided by

**“Vidhya Ratna”
Prof .Dr.M.Karunanithi, B.pharm., M.S., Ph.D., D.Lit.,
Chairman & Secretary,
Vivekanandha Educational Institutions & Hospitals,
Tiruchengode & Sankari**



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HEALTH AWARENESS AND YOGA SESSION -

28.11.2022

REPORT

“Yoga for Health awareness and Yoga Session” is organized with the aim of promoting overall well-being and providing valuable knowledge about health awareness, which has been arranged for all the First year students. The program started at 10.30am in VCEW seminar Hall. Our Principal felicitated the gathering. Dr.A.Panneerselavam S&H HOD. greeted the students with warm welcome and read the resource person profile. He handed over the session to the chief guest. The resource person gave presentation on the Health awareness and the importance of women health in various stages of girls. She emphasized the significance of maintaining an active lifestyle and engaging in regular exercise, the importance of a well-balanced diet and proper nutrition was discussed. The participants were educated about the essentials nutrients required for maintaining optimal health. The session shed light on the significance of physical and mental health and the need to prioritize it. The participants were led through a sequence of yoga poses that aimed to improve flexibility, strength, and balance. The trainer provided variations to accommodate participants of different fitness levels. The importance of conscious breathing for stress reduction and mental clarity was highlighted. The attendees were taught different pranayama techniques, including deep belly breathing and alternate nostril breathing. Participants were encouraged to cultivate a sense of present-moment awareness and develop mindfulness as a tool for managing stress and enhancing overall well-being. Overall, the health awareness and yoga session served as a significant step towards fostering a community that values and prioritizes health and well-being.




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DEPARTMENT OF ELECTRICAL AND ELECTRONICS ENGINEERING &
YOGA CLUB

REF: VCEW/ 2022/ YOGA.CIR 001

Date : 17.12.2022

YOGA CIRCULAR

Sub: YOGA Program - Faculty -Reg.

In connection with Yoga Club, it has been planned to conduct yoga session for faculty members titled " **Stress Management and Yoga Session**" on **21.12.2022** from **9.30am** to **12.30pm**. **Mrs.Rathna Devi, Art of Living- Pollachi** is going to handle the session. In this regard, respective HODs are requested to intimate the faculty and give them permission to attend the same at EEE seminar Hall. Willing faculty of each department can enroll their name to the concerned incharge.


Yoga Coordinator
(Dr.S.KOKILA, AP/ECE)
9976360466


17/12/22
HOD/ECE


PRINCIPAL

Remarks

Executive Director

Remarks




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**VCEW YOGA CLUB & DEPARTMENT OF ELECTRICAL AND
ELECTRONICS ENGINEERING**

Cordially invite you to

**“STRESS MANAGEMENT AND YOGA
SESSION”**

Chief Guest

**Mrs. Rathna Devi
Art of Living, Pollachi**

Venue: EEE SEMINAR HALL

DATE: 21.12.2022

Time : 9.30am to 12.30 pm

Presided by

**“Vidhya Ratna”
Prof .Dr.M.Karunanithi, B.pharm., M.S., Ph.D., D.Lit.,
Chairman & Secretary,
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**STRESS MANAGEMENT AND YOGA
SESSION**

21.12.2022

REPORT

Stress Management and Yoga program is organized by the VCEW Yoga club and EEE department for the faculty of various colleges on 21.12.2022. As people of all ages are recently affected by Stress and the faculty must be enthusiastic to handle classes effectively, to make them stress free this special program is organized. Dr.P.Kannan head of the EEE department gave welcome note to the chief guest Mrs. Rathna devi yoga trainer and audience. He handed over the session to the yoga trainer. Mrs.Rathna devi actively gave presentation on stress, its impact on the physical health and its types. She shows the way to overcome and eliminate stress by means of Yoga. She also told that stress is Chronic physiological and psychological changes related to human emotion. She explained only through yoga, stress can be relieved. For teaching professional the person must be in a relaxed mind to handle various types of students. She performed few yoga exercises and all the faculty followed her and performed yoga exercises along with the trainer. Faculty felt rejoiced by doing yoga and felt stress free, mind free and relaxed.




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5.1.3 LIFE SKILLS

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ACADEMIC YEAR

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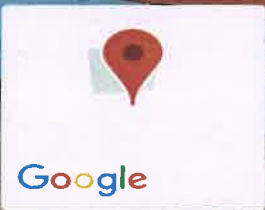
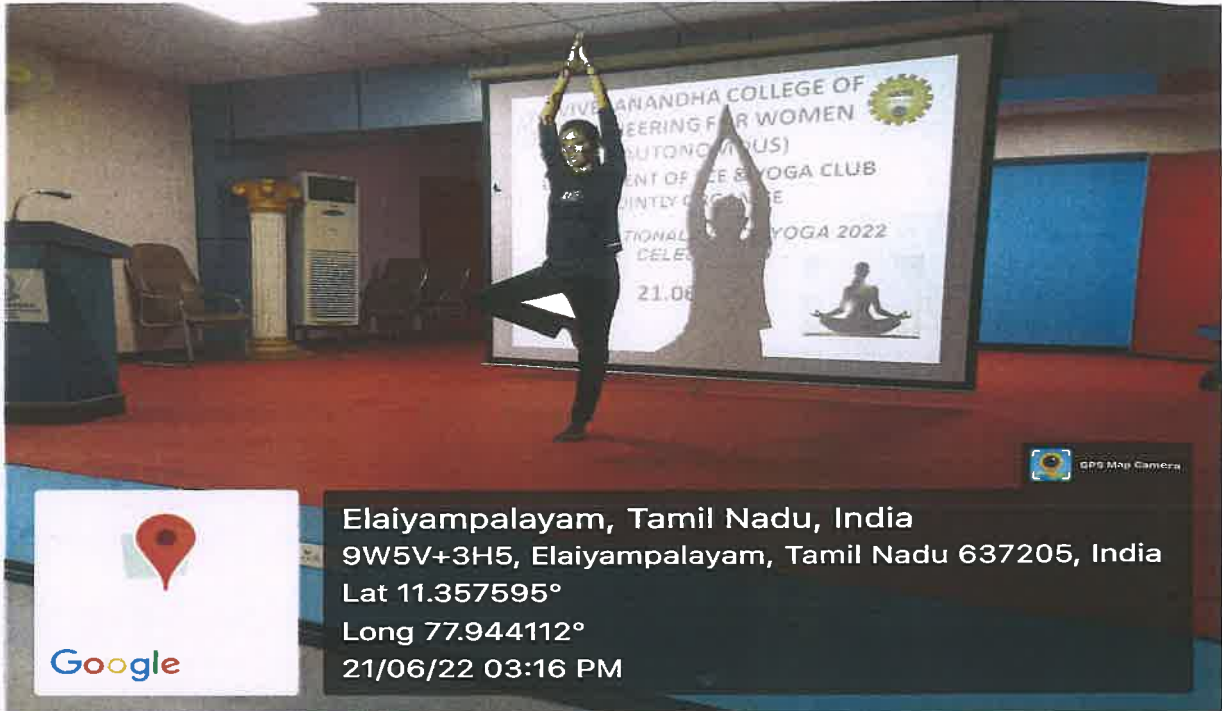


VIVEKANANDHA COLLEGE OF ENGINEERING FOR WOMEN

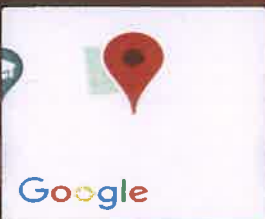
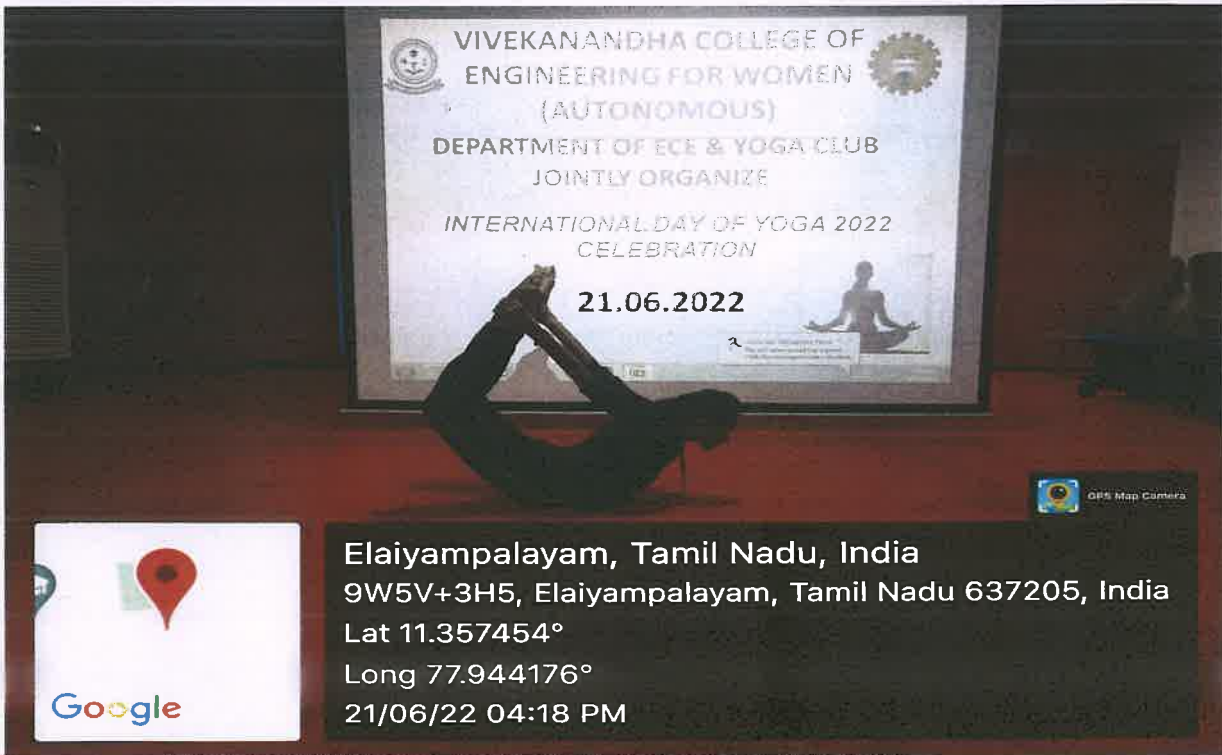
(Autonomous)

Department of ECE and YOGA CLUB

Photos -International Day of Yoga 2022 Celebration-21.06.2022



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International Day of Yoga 2022 Celebration-21.06.2022




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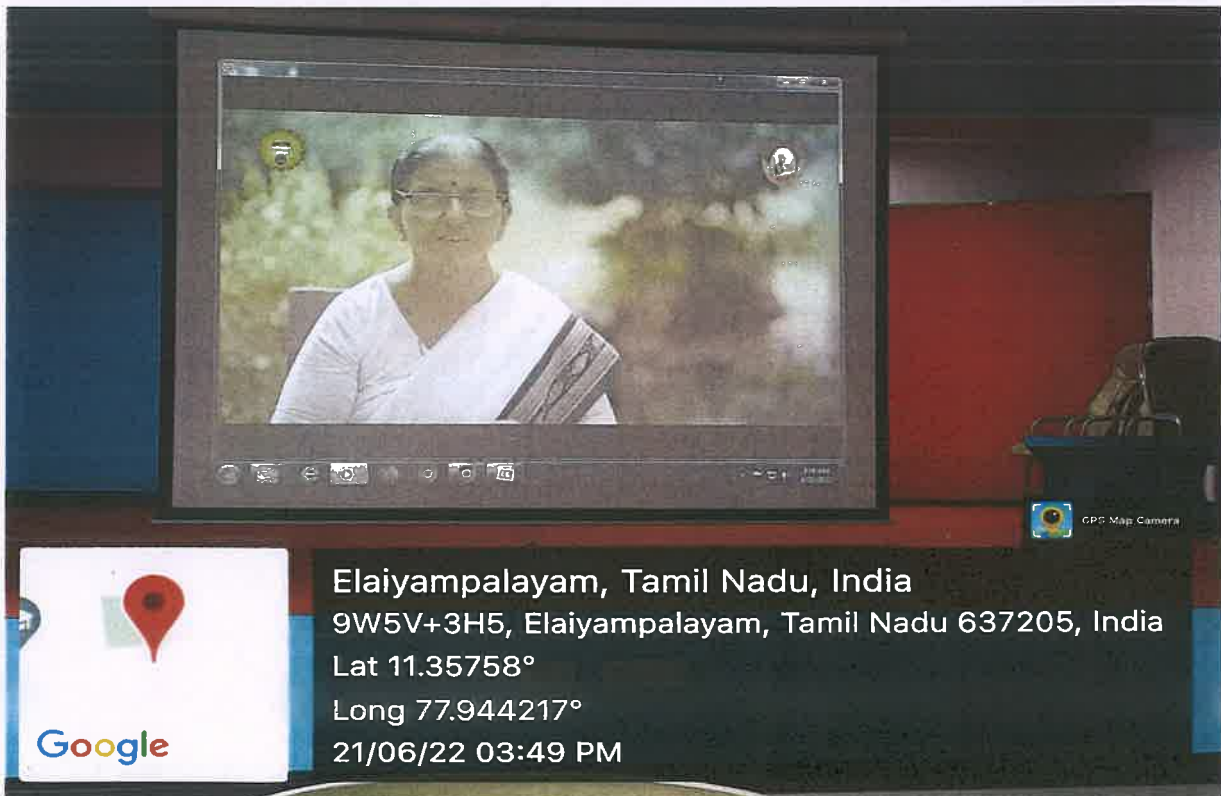
VIVEKANANDHA COLLEGE OF ENGINEERING FOR WOMEN
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Department of ECE and YOGA CLUB

Photos -International Day of Yoga 2022 Celebration-21.06.2022



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International Day of Yoga 2022 Celebration-21.06.2022



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HEALTH AWARENESS AND YOGA SESSION- 28.11.2022

PHOTO GALLERY



Google

Elaiyampalayam, Tamil Nadu, India
9W5V+3H5, Elaiyampalayam, Tamil Nadu 637205,
India
Lat 11.357564°
Long 77.944129°
28/11/22 10:35 AM GMT +05:30



Google

Elaiyampalayam, Tamil Nadu, India
9W5V+3H5, Elaiyampalayam, Tamil Nadu
637205, India
Lat 11.35733°
Long 77.943932°
28/11/22 10:32 AM GMT +05:30





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STRESS MANAGEMENT AND YOGA SESSION

21.12.2022

PHOTO GALLERY



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STRESS MANAGEMENT AND YOGA SESSION

21.12.2022



GPS Map Camera



Google

Elaiyampalayam, Tamil Nadu, India

9W5V+3H5, Elaiyampalayam, Tamil Nadu 637205,

India

Lat 11.357859°

Long 77.943207°

21/12/22 11:54 AM GMT +05:30



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5.1.3 LIFE SKILLS

(YOGA, PHYSICAL FITNESS,

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ACADEMIC YEAR

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INTERNATIONAL DAY OF YOGA 2022 CELEBRATIONS - 21.06.2022
GUEST PROFILE

RS JAISHRI

MAIL ID : jaipapa2111@gmail.com

PHONE NO : 9500635659



EDUCATIONAL QUALIFICATION

- BSc physics- 85%, Vivekananda College of Arts and Sciences for Women, Namakkal.
- Higher Secondary Education (2019)- 63% S.Umaiyal Achi Matri Hr Sec School, Pudukkottai.
- Secondary Education (2017)- 90%

EXTRA CURRICULAR ACTIVITIES

- Participated in the Awareness program on HIV/AIDS organized by YOUTH RED CROSS.

ACHIEVEMENT

- Participated in the National Yoga day.
- Yoga national level Basketball national level.
- Participated in the international conference on "Startup India: The Wings of Foreign Trade". Participated in the National workshop on science demonstration in physics (NWSDP - 2020).

AREA OF INTERESTS

Learning new language

Social services




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VIVEKANANDHA COLLEGE OF ENGINEERING FOR WOMEN

(Autonomous Institution Affiliated to Anna University, Chennai)

Elayampalayam, Tiruchengode - 637 205

INTERNATIONAL DAY OF YOGA 2022 CELEBRATION


21.06.2022

FACULTY ATTENDED LIST

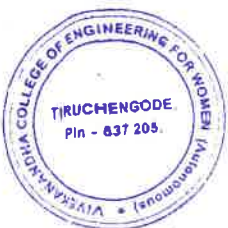
S.no	Name	Designation	Remarks
1.	Mrs.ANANTHI.B	AP/CSE	B. A
2.	Mrs.SASIKALA.G	AP/CSE	AB
3.	Mr.RAMESH .M	AP/CSE	
4.	Mr.VISWANATH KANI .T	AP/CSE	
5.	Ms.SINDHUJA.S	AP/CSE	
6.	Mrs.SIVAPRIYA.K	AP/CSE	
7.	Mr.THANGADURAI.E	AP/IT	
8.	Mrs.LOGAMBAL.R	AP/IT	
9.	Mrs.ANANDHI.S	AP/IT	
10.	Mr.SARAVANAN.T	AP/IT	
11.	Ms.VISALI.C	AP/IT	
12.	Dr.KALAIVAANI.P.T	HOD/ECE	
13.	Dr.SARAVANA KUMAR.R	PROF/ECE	
14.	Dr.NIRMALA.R	ASP/ECE	
15.	Dr.KOKILA.S	AP/ECE	
16.	Mr.SELVARAJ.R	AP/ECE	
17.	Mr.GNANAMURUGAN.S	AP/ECE	
18.	Dr.SATHESHKUMAR.K	AP/ECE	
19.	Mr.RAMESH.M	AP/ECE	
20.	Mr.NAGARAJAN.P	AP/ECE	
21.	Mr.THIRUPPATHI.M	AP/ECE	
22.	Mr.BALAKRISHNAN.S	AP/ECE	



23.	Mr.MANIKANDAN.T	AP/ECE	
24.	Ms.MATHUBALA.R.S	AP/ECE	AB
25.	Ms.RAJESWARI.G	AP/ECE	AB
26.	Ms.INDHUMATHI.R	AP/ECE	AB
27.	Mrs.KAVITHA.R	AP/ECE	AB
28.	Mr.DIVAKARAN.J	AP/ECE	AB
29.	Dr.THENMALAR.K	PROF/EEE	K. Jhu
30.	Dr.MURUGANANTHAM.J	AP/EEE	AB
31.	Mr.SASIKUMAR.T	AP/EEE	T.S.
32.	Mr.MANIKANDAN.R	AP/EEE	P. Maly
33.	Dr.MUTHU KUMARA PANDIAN.A	ASP/BT	AB
34.	Dr.PRABHU.N	AP/BT	AB
35.	Mrs.ARCHANA.A	AP/BT	AB
36.	Mrs.JEEVITHA.S	AP/BT	AB
37.	Mr.VIJAY PRADHAP SINGH.M	AP/BT	AB
38.	Mr.R.DHANAPAL	AP/BME	AB
39.	Ms.ANJALIA	AP/BME	AB
40.	Mrs.FOWJIYA.S	AP/CST	AB
41.	Ms.SATHIYA.P	AP/MATHS	AB
42.	Mrs.RUPAKALA.R	AP/MATHS	AB


Yoga Incharge


HOD




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HEALTH AWARENESS AND YOGA SESSION- 28.11.2022

GUEST PROFILE

<p>Ms. Meenaka Rajendran Art of living</p> <p>Email Address: confidencemeenaka@gmail.com Mob: 9600859231</p>	
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Language Known: Tamil, English, Hindi, Malayalam.

Academic Qualification: MSW (On Going), IGNOU M.sc Computer Science, KSR College of Arts and Science

Work Experience:

- Worked as a Production Manager at Swarg Agro Private Limited, Bangalore.
- Customer Relationship officer at Art of living international Center, Bangalore.
- Worked as a Medical Language Specialist at Aquity Solutions, Bangalore.
- Worked as a Junior SEO and digital Marketing Executive at VAC Media, Coimbatore.

Technical Skills:

- Developed a project in Mobile application.
- Search engine optimization.
- International certified yoga Trainer
- Digital Marketing Planner and organizer.

Achievements:

- Conducted more than 10+ Slum Projects.
- Organized an International Delicacies from South African at Art of Living, Bangalore.
- Part of an organizing team for International Women's Conference at Art of Living, Bangalore.
- Conducted Project Pavitra with 30+ Youth Girls Transformed more than 1000+ Youths.
- Took 50+ Youth Leadership Talks Took introduction talk to Women's association at Bangalore.




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HEALTH AWARENESS AND YOGA SESSION 28.11.2022

DEPARTMENT OF IT

CLASS: I B.E IT

ACADEMIC YEAR: 2022-2023

S.No	Reg No	Name of the Students	Remarks
1	612922104001	AAFREEN S	Aafreen
2	612922104002	ABINAYA V	Abinaya
3	612922104003	ABISAKTHI R	Abisakthi
4	612922104004	BAVANI.N	Bavani
5	612922104005	BAVIYA.B	Baviya
6	612922104006	BHAVADARANI.S	Bhavadarani
7	612922104007	DEEPADHARSHINI D	Deepa
8	612922104008	DEVADHARSHINI V	Devadharshini
9	612922104009	GOWSIKA K	Gowrika
10	612922104010	HANSIKA S	Hansika
11	612922104011	HARINI S	Harini
12	612922104012	HARINI T	Harini
13	612922104013	HEMAPRIYA V	Hemapriya
14	612922104014	ILAKKIYA R	Ilakkiya
15	612922104015	ISHANA.G	Ishana
16	612922104016	JAYAVARUNYA.N	Jayavarunya
17	612922104017	KANAGA.B	Kanaga
18	612922104018	KAVYA.V.S	Kavya
19	612922104019	KEERTHANA.A	Keerthana
20	612922104020	KEERTHANA B	Keerthana
21	612922104021	KEERTHANA V	Keerthana
22	612922104022	KEERTHIGA.J	Keerthiga
23	612922104023	KIRUBA B	Kiruba
24	612922104024	KRISHNAVENI.K	Krishnaveni
25	612922104025	MADHUSREE J	Madhusree
26	612922104026	MAHASRI.M	Mahasri
27	612922104027	MANIMOZHI M	Manimozhi
28	612922104028	MEGADHARSHINI R	Megadharshini
29	612922104029	MERCILLEN.P	Mercillen
30	612922104030	MONIKA M	Monika
31	612922104031	MONISHA M	Monisha
32	612922104032	MOWNIKA V	Mownika
33	612922104033	MUTHULAKSHMI P	Muthulakshmi



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HEALTH AWARENESS AND YOGA SESSION 28.11.2022

34	612922104034	NATHIYA SRI T	Nathiya
35	612922104035	NAVIYA M M	Navitya
36	612922104036	NIVETHA.S	Nivetha
37	612922104037	POOJA RESHME K	Pooja
38	612922104038	PREETHI V	Preethi
39	612922104039	PRITHIKA V	Prithika V
40	612922104040	RAMYA J	Ramyaj
41	6.12922E+11	RATHIKA S	Rathika
42	612922104042	SABITHRA S	Sabithra
43	612922104043	SANDHIYA R	Sandhya R
44	612922104044	SASIMA PARVIN.S	Sasima
45	612922104045	SELVAJANANI T	Selva Janani
46	612922104046	SELVAKANI M	Selvakani
47	612922104047	SHANMATHI G	Shanmathi
48	612922104048	SHANTHINI.S	Shanthini
49	612922104049	SHREYANI.R	Shreyani
50	612922104050	SOUNDARYA.G	Soundarya
51	612922104051	SRIMATHI M	Srimathi
52	612922104052	SRIVARTHINI.SSM	Srivarthini
53	612922104053	SRUTHI V	Sruthi
54	612922104054	SUBAHARINI R	Subaharini
55	612922104055	SUBHA K	Subha
56	612922104056	SURUTHI.N.S	Suruthi
57	612922104057	SUSHMITHA.V	Sushmitha
58	612922104058	SWATHI K	Swathi
59	612922104059	VASUNTHARA S	Vasunthara
60	612922104060	VEERAMMA JANANI.K	Veeramma
61	612922104061	YAZHINI S	Yazhini


FACULTY INCHARGE


HOD/ECE




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HEALTH AWARENESS AND YOGA SESSION 28.11.2022

DEPARTMENT OF BIO TECHNOLOGY
CLASS: I B.TECH BIOTECHNOLOGY ACADEMIC YEAR: 2022-2023

S.NO	REGISTER NO	STUDENTS NAME	REMARKS
1	612922105001	AGALYA.B	B. Aalya
2	612922105002	ANUSHRI. A	A. Anushri
3	612922105003	ANUSUYA.T.S	T. S. Anusuya
4	612922105004	BAVYA. S	B. Bavya
5	612922105005	CHARULATHA.K	Charulatha
6	612922105006	DEVI.M	M. Devi
7	612922105007	DHIVYA SHREE.K	K. Dhivya Shree
8	612922105008	DIKSHYA. G. T	G. T. Dikshya
9	612922105009	DIVYA VAISHNAVI. T	T. Divya Vaishnavi
10	612922105010	DURGADEVI.D	D. Durgadevi
11	612922105011	ELAKIYA. M	M. Elakiya
12	612922105012	FARJANA.A	A. Farjana
13	612922105013	GAYATHRISREE. N	N. Gayathrisree
14	612922105014	GOBIKA.M	M. Gobika
15	612922105015	GOBIKA.P	P. Gobika
16	612922105016	GOBIKA SREE. E	E. Gobika Sree
17	612922105017	GUNAVATHI. A	A. Gunavathi
18	612922105018	HAJARA S	S. Hajara
19	612922105019	HARINI. R	R. Harini
20	612922105020	HARSHANA SREE. S	S. Harshana Sree
21	612922105021	HEEMA PRIYA.T	T. Heema Priya
22	612922105022	HEMAVATHI. S	S. Hemavathi
23	612922105023	HEMAVATHI. S 21.11.05	S. Hemavathi
24	612922105024	INDHUJA.S	S. Indhuja
25	612922105025	JAYASRI.S	S. Jayasri
26	612922105026	JAYASREE.G.R	R. Jayasree
27	612922105027	JEFRINA WINI FRED. G	G. Jefrina Wini Fred
28	612922105028	JOSHIKA.S	S. Joshika
29	612922105029	KAMALI.T	T. Kamali
30	612922105030	KAVIYA. V	V. Kaviya
31	612922105031	KAYATHRI.K	K. Kayathri
32	612922105032	KOKILA M	M. Kokila
33	612922105033	LATHAPRIYA.R	R. Lathapriya



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HEALTH AWARENESS AND YOGA SESSION 28.11.2022

34	612922105034	LEKHA.K	Lekha
35	612922105035	LOGAPRIYA. B	Logapriya
36	612922105036	MAHALAKSHMI. B	Mahalakshmi
37	612922105037	MAHALAKSHMI. T.S	Mahalakshmi
38	612922105038	MEGAASRI.S	Megasri
39	612922105039	MONISHA.S	Monisha
40	612922105040	MOUNICA.M	Mounica
41	612922105041	NIVETHA. S	Nivetha
42	612922105042	ONISHA.M	Onisha
43	612922105043	PAVITHRA.S	Pavithra
44	612922105044	POOJA SREE. S	Pooja Sree
45	612922105045	POOSHA. P.S	Poosha
46	612922105046	PRIYAA.P	Priya
47	612922105047	RAKSHEETHA.S	Rakshetha
48	612922105048	RANJANI.R	Ranjani
49	612922105049	SANGAVI. K	Sangavi
50	612922105050	SENBAKAPRIYA.S	Senbakapriya
51	612922105051	SHALINI.P	Shalini
52	612922105052	SREEJAISAVITHEEYAA. P	Sreeja
53	612922105053	SRUTHIKKA. K	Subarna
54	612922105054	SUBARNAPRIYA.G	Subapriya
55	612922105055	SUBIKSHA.D	Subiksha
56	612922105056	SUDHARSHANA. S	Subharshana
57	612922105057	SWATHY. S	Swathy
58	612922105058	VAISHNAVI.V.	Vaishnavi
59	612922105059	VAISHNAVI.V.V	Vaishnavi
60	612922105060	VINITHA.S	Vinitha
61	612922105061	VINODHINI.P	Vinodhini
62	612922105062	YOSITHA SREE. V.G	Yositha

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HEALTH AWARENESS AND YOGA SESSION 28.11.2022

DEPARTMENT OF EEE

CLASS: I B.E EEE

ACADEMIC YEAR: 2022-2023

S.No	Register Number	Name of the student	Remarks
1	612922102001	ANU G	Ganuu
2	612922102002	ANUSUYA V	Anusuya
3	612922102003	ARCHANA M	Archana
4	612922102004	ASHVITHA AARNIYA S	Shreen
5	612922102005	ASWINI C	Aswini
6	612922102006	DEEPIKA K	Deepika
7	612922102007	DEVASRI V	Devasri
8	612922102008	DHANUSHMITHA P	Dhanush
9	612922102009	DHARSHINI N	N. Dharsini
10	612922102010	DHARSINI P	Dharsini
11	612922102011	DIVYA S	Divya
12	612922102012	HARINI N	Harini
13	612922102013	HARSHINI P(28/12/2004)	Harshini
14	612922102014	HARSHINI P(16/04/2005)	Harshini
15	612922102015	HEMA R R	Hema
16	612922102016	HEMA S	Hema
17	612922102017	JANANI S	Janani
18	612922102018	JAYABHARATHI S	Jayabharathi
19	612922102019	JESHIKAA HARINI K J	J. Jeshika
20	612922102020	KANISHKA M	Kanishka
21	612922102021	KARTHIKA R	Karthika
22	612922102022	KAVIPRIYA M	Kavipriya
23	612922102023	KAVYA S	Kavya
24	612922102024	KEERTHANA M	K. Keerthana
25	612922102025	LALITHA M	Lalitha
26	612922102026	MADHUMITHA A	Madhumitha
27	612922102027	MANEESHA M	Maneesha
28	612922102028	MANISHA S	Manisha
29	612922102029	MANJU V	Manju
30	612922102030	MATHUMITHA K	K. Mathumitha
31	612922102031	METHUNASHREE D	D. Methunashree
32	612922102032	MITHRA C	Mithra
33	612922102033	NANDHINI D	Nandhini




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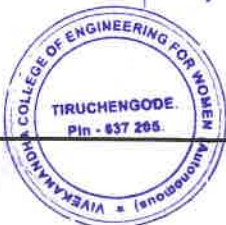
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HEALTH AWARENESS AND YOGA SESSION 28.11.2022

34	612922102034	NARMATHA A	Narmatha A
35	612922102035	NAVEENA S K	Naveena S
36	612922102036	NIKITHA A C	Nikitha A C
37	612922102037	NIRANJANA V	Niranjana V
38	612922102038	NISHA B	Nisha B
39	612922102039	PAVITHRA N S	Pavithra N S
40	612922102040	PAVITHRA P	Pavithra P
41	612922102041	POONGOTHAI P	Poongothai P
42	612922102042	PREETHI M(25/05/2005)	Preethi M
43	612922102043	PREETHI M(9/8/2005)	Preethi M
44	612922102044	PREETHIKA K	Preethika K
45	612922102045	PRIYADHARSHINI BAI B	Priyadharshini Bai B
46	612922102046	PRIYADHARSHINI S	Priyadharshini S
47	612922102047	RAMANI SRI P	Ramani Sri P
48	612922102048	RAMASUGANTHI R	Ramasuganthi R
49	612922102049	ROSHINI S	Roshini S
50	612922102050	RUPASREE P	Rupasree P
51	612922102051	SAKTHI MAHESWARI R	Sakthi Maheswari R
52	612922102052	SASMITHA G	Sasmitha G
53	612922102053	SHANMUGAPRIYA M	Shanmugapriya M
54	612922102054	SIVANATHI M	Sivanathi M
55	612922102055	SIVARANJANI J	Sivaranjani J
56	612922102056	SIVARANJANI R	Sivaranjani R
57	612922102057	SOWMIYA R	Sowmiya R
58	612922102058	SOWNTHARYA N	Sowntharya N
59	612922102059	SRIMATHI S	Srimathi S
60	612922102060	SRINITHI S	Srinithi S
61	612922102061	VADIVU T	Vadivu T
62	612922102062	VARNESHWARI R	Varneshwari R
63	612922102063	VINOTHINI G	Vinothini G

FACULTY INCHARGE

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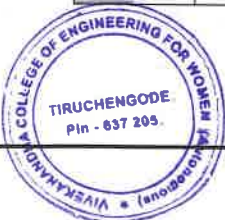
HEALTH AWARENESS AND YOGA SESSION 28.11.2022

DEPARTMENT OF ECE B

CLASS: I B.E ECE

ACADEMIC YEAR: 2022-2023

S.NO	REGISTER	STUDENT NAME	REMARKS
1	612922103061	KEERTHANA A	Keerthana
2	612922103062	KEERTHANA M	Keerthana M
3	612922103063	KEERTHANA C N	Keerthana CN
4	612922103064	KEERTHIKA S	Keerthika S
5	612922103065	KOWSHIKA G S	Kowshika
6	612922103066	LAVANYA	Lavanya
7	612922103067	MADHUMITHA K	Madhumitha
8	612922103068	MADHUSRI T S	Madhusri
9	612922103069	MAHIMASHRI V	Mahimashri
10	612922103070	MALINI S	Malini S
11	612922103071	MANJARI S	Manjari S
12	612922103072	MANJARI S G	Manjari S G
13	612922103073	MARIYAMMAL P	Mariyammal P
14	612922103074	MIDUNA R	Miduna R
15	612922103075	MOULESHWARI V	Mouleshwari V
16	612922103076	MOUNIKA V	Mounika V
17	612922103077	MUGAMBIGAI J	Mugambigai J
18	612922103078	MUNDALAPUTI	Mundalaputi
19	612922103079	NANDHINI N	Nandhini N
20	612922103080	NASRIN A	Nasrin A
21	612922103081	NIFLA M	Nifla M
22	612922103082	NIROSHA U	Nirosha U
23	612922103083	NISHANTHINI M	Nishanthini M
24	612922103085	NIVETHA M	Nivetha M
25	612922103086	NIVETHITHA S	Nivethitha S
26	612922103087	PANDICHELVI G	Pandichelvi G
27	612922103088	PARAMESWARI S	Parameswari S
28	612922103089	PAVITHRA P	Pavithra P
29	612922103090	PRASANNA V	Prasanna V
30	612922103091	PRIYA M	Priya M
31	612922103092	PRIYANKA K	Priyanka K
32	612922103093	RAISHA FARVEEN A	Raisha Farveen A
33	612922103094	RAJALAKSHMI R	Rajalakshmi R



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34	612922103095	RAMEELA S	
35	612922103096	RAVEENA T	
36	612922103097	ROHINI R	
37	612922103098	ROSHINI P	
38	612922103099	SANTHIYA B	
39	612922103100	SANTHIYA S	
40	612922103101	SATHIYA PRIYA N	
41	612922103102	SHABIBA ARIS S F	
42	612922103103	SHAKAANA R R	
43	612922103104	SHALINI S	
44	612922103105	SHARMILAA M	
45	612922103106	SHOBIKA N	
46	612922103107	SINDHU S	
47	612922103108	SRIMATHI S	
48	612922103109	SUCITHRA P	
49	612922103110	SUGANYA R	
50	612922103111	SUJIPRIYA A	
51	612922103112	SUMITHA E	
52	612922103113	SWETHA M	
53	612922103114	THANUSRI R P	
54	612922103115	UDHAYANILA U	
55	612922103116	VAISHNAVI M	
56	612922103117	VAISHNAVYA V	
57	612922103118	VIJI P	
58	612922103119	VIJITHA R	
59	612922103120	VISHNUPRIYA B	
60	612922103121	VISHNUPRIYA G	
61	612922103122	VISHNUPRIYA M	
62	612922103123	VISHVANANDHINI B	
63	612922103124	YOGAVATHANAM S	

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HEALTH AWARENESS AND YOGA SESSION 28.11.2022

DEPARTMENT OF CSE

CLASS: I B.E CSE

ACADEMIC YEAR: 2022-2023

S. No	REGISTER	STUDENT NAME	REMARKS
1	612922101001	AARTHI K	Aarthi
2	612922101002	ABARNA M	Abarna
3	612922101003	ABITHA S	Abitha
4	612922101004	AGATHIYA R	Agathiya
5	612922101005	AHALYA S	Ahalya
6	612922101006	AKSHAYAA S J	Akshaya
7	612922101007	ANISHA A	Anisha
8	612922101008	ANUPRIYA P	Anupriya
9	612922101009	ANUSHA S	Anusha
10	612922101010	ARCHANA D	Archana
11	612922101011	ARCHANA R	Archana
12	612922101012	ARULVINDHIYA M	Arulvindhya
13	612922101013	ASHIKA P	Ashika
14	612922101014	ASHIKA T	Ashika
15	612922101015	ATCHAYA K	Atchaya
16	612922101016	ATCHAYA SHREE E	Atchaya
17	612922101017	BALASARASWATHI S	Balasaraswathi
18	612922101018	BARKAVI R K	Barkavi
19	612922101019	BILA BINOY	Bila
20	612922101020	BOOMIKA S	Boomika
21	612922101021	CHARUMITHA S	Charumitha
22	612922101022	DEEPA S	Deepa
23	612922101023	DEVASENA R	Devaseena
24	612922101024	DHANYA V	Dhanya
25	612922101025	DHARANI R	Dharani
26	612922101026	DHARSANI B	Dharsani
27	612922101027	DHIVYA T	Dhivya
28	612922101028	DIDDI SREEKAVYA	Didi
29	612922101029	DIVYADHARANI S	Divyadhara
30	612922101030	ELAVARASI R	Elavarasi
31	612922101031	EZHIL SRI K	Ezhil
32	612922101032	GOPIKA R	Gopi
33	612922101033	GOWRIDURGA B	Gowridurga



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34	612922101034	HAIRIYA BEGUM A	Hairiya Begum A.
35	612922101035	HANIYA BEGUM S	Haniya Begum S.
36	612922101036	HARINI S	Harini S.
37	612922101037	HARIPRIYA S	Haripriya S.
38	612922101038	JANANI B	Janani B.
39	612922101039	JANASHRI S	Janashri S.
40	612922101040	JAYAPRIYA L	Jayapriya L.
41	612922101041	JEEVA G	Jeeva G.
42	612922101042	JEEVANTHINI J	Jeevanthini J.
43	612922101043	KALAIVANI S	Kalavani S.
44	612922101044	KANAGADHARANI K	Kanagaadharani K.
45	612922101045	KANIMOZHI M	Kanimozhi M.
46	612922101046	KANMANI T	Kanmani T.
47	612922101047	KARTHIKA S	Karthika S.
48	612922101048	KAVIYA P	Kaviya P.
49	612922101049	KAVIYAA A	Kaviyaa A.
50	612922101050	KAVIYA V	Kaviya V.
51	612922101051	KAYALVIZHI S	Kayalvizhi S.
52	612922101052	KEERTHANA P T	Keerthana P T.
53	612922101053	KEERTHIKA S	Keerthika S.
54	612922101054	KIRTHIGA M	Kirthiga M.
55	612922101055	KIRUBA N	Kiruba N.
56	612922101056	KRISHNAVENI K	Krishnaveni K.
57	612922101057	LACHAYA M	Lachaya M.
58	612922101058	LAKSHMI PRIYA R	Lakshmi Priya R.
59	612922101059	LAVANYA K	Lavanya K.
60	612922101060	LINGADHARINI J	Lingadharini J.
61	612922101061	MAHASRI S	Mahasri S.
62	612922101062	MANO RANJANI S	Mano Ranjani S.
63	612922101063	MEENAKSHI SHALINI R	Meenakshi Shalini R.
64	612922101064	MEGHA R	Megha R.
65	612922101065	MEGHA VARSHINI S	Megha Varshini S.
66	612922101066	MEHAREEN S	Mehareen S.
67	612922101067	MEHARIN SUBAITHA M	Meharin Subaitha M.
68	612922101068	MONISHAA C	Monisha C.
69	612922101069	NANDHINI B	Nandhini B.



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HEALTH AWARENESS AND YOGA SESSION 28.11.2022

70	612922101070	NAVANEETHA S	Navaneetha S
71	612922101071	NISHANTHI P	Nishanthi P
72	612922101072	NITHYA.R	Nithya.R
73	612922101073	NITHYA SRI P	Nithya Sri P
74	612922101074	NIVETHA S	S. Nivetha
75	612922101075	NIVETHASRI .K	Nivetha Sri K
76	612922101076	NIVETHITHA K	K. Nivethitha
77	612922101077	OVIYA M	Oviya M
78	612922101078	PAVITHRA G	Pavithra G
79	612922101079	PAVITHRA V	Pavithra V
80	612922101080	PRADEEPA B	Pradeepa B
81	612922101081	PRADEEPA M	Pradeepa M
82	612922101082	PRATHIPA SRI S	S. Prathipa Sri S
83	612922101083	PRATIPA. V	Pratipa V
84	612922101084	PRIYA.D	Priya D
85	612922101085	PRIYA.K	Priya K
86	612922101086	PRIYADHARSHINI K	K. Priyadharsini
87	612922101087	PRIYADHARSHINI M	Priyadharsini M
88	612922101088	PRIYADHARSHINI R	K. Priyadharsini R
89	612922101089	PRIYADHARSHINI V	K. Priyadharsini V
90	612922101090	PRIYANGA R	Priyanga R
91	612922101091	RAJALAKSHMI M	Rajalakshmi M
92	612922101092	RAKSHA R	Raksha R
93	612922101093	RAKSHANA FIRTHOUSE	Rakshana Firthouse
94	612922101094	RAMA JEEVITHA R	Rama Jeevitha R
95	612922101095	REENASRI V	Reenasri V
96	612922101096	RISHMITHAA S L	Rishmithaa S L
97	612922101097	RITHANYA S	Rithanya S
98	612922101098	RITHIKA K R	Rithika K R
99	612922101099	ROGINI T	Rogini T
100	612922101100	SALMA AAYSHA M	Salma Aaysha M
101	612922101101	SARANYA P	Saranya P
102	612922101102	SARITHA R	Saritha R
103	612922101103	SARNI V	Sarni V
104	612922101104	SENTHAMIL S	Senthamil S
105	612922101105	SHALINI A	Shalini A



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106	612922101106	SHALINI S	Shalini S
107	612922101107	SHAMREEN S	Shamreen S
108	612922101108	SHARUMATHI G	Sharumathi G
109	612922101109	SHOBIKA R	Shobika R
110	612922101110	SIAMALA S R	Siamala S R
111	612922101111	SIVAPARVATHI C	Sivaparvathi C
112	612922101112	SOWMIYA G	Sowmiya G
113	612922101113	SRIMATHI G	Srimathi G
114	612922101114	SRINITHI N	Srinithi N
115	612922101115	SUBA M	Suba M
116	612922101116	SUBASRI M	Subasri M
117	612922101117	SUBIKSHA P	Subiksha P
118	612922101118	SUBIKSHA M U	Subiksha M U
119	612922101119	SUPRITHA R	Supritha R
120	612922101120	SWETHA L	Swetha L
121	612922101121	THARAGAI S	Tharagai S
122	612922101122	THIRISHA C	Thirisha C
123	612922101123	THIVYA N	Thivya N
124	612922101124	VAISHNAVI N	Vaishnavi N
125	612922101125	VARTHINI A	Varthini A
126	612922101126	YASHINI R	Yashini R


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HEALTH AWARENESS AND YOGA SESSION 28.11.2022

DEPARTMENT OF BME

CLASS: I B.E BME

ACADEMIC YEAR: 2022-2023

S.NO	REGISTER	NAME OF THE	REMARKS
1	612922106001	AANANDHA YAZHINEE	Aany
2	612922106002	AARTHI S	Aarthi
3	612922106003	ABINAYA R	Abinaya
4	612922106004	ABINAYA S	Abinaya
5	612922106005	ABINAYAKI C	Abinaya
6	612922106006	ARCHANA C	Archana
7	612922106007	ARCHANA G	Archana
8	612922106008	ASWATHY S	Aswathy
9	612922106009	BABY G	Baby
10	612922106010	BHAVADHARANI K	Bhavadhharani
11	612922106011	BHAVANI B	Bhavani
12	612922106012	BHUVANESHWARI J	Bhuvaneshwari
13	612922106013	BIRUNTHA K	Biruntha
14	612922106014	DHANUSUYA R	Dhanusuya
15	612922106015	DHARANI S	Dharani
16	612922106016	DHARSHINI M	Dharshini
17	612922106017	DIVYA S	Divya
18	612922106018	DURGADEVI K	Durga
19	612922106019	FOUSIYA BEGUM S	Fousiya
20	612922106020	GAYATHIRI M	Gayathiri
21	612922106021	GOPIKA J	Gopika
22	612922106022	HARANI M	Harani
23	612922106023	HEANSEKAA J	Heansekaa
24	612922106024	JEYASHRI T	Jeyashri
25	612922106025	JOSEPHINE	Josephine
26	612922106026	JOYCE MARY A	Joyce Mary
27	612922106027	KAMALI A	Kamali
28	612922106028	KANIKA S	Kanika
29	612922106029	KANISHKA P	Kanishka
30	612922106030	KAVIYA K	Kaviya
31	612922106031	KEERTHANA M	Keerthana
32	612922106032	KEERTHIKA V	Keerthika
33	612922106033	KOWSAIYA M	Kowsaiya



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34	612922106034	MADHUBALA M	Madhubala
35	612922106035	MATHUNIKA E	Mathunika
36	612922106036	MONA SHREE M L	mona
37	612922106037	MYSHIYA K	Myshiya
38	612922106038	MYTHILI R	R. mythili
39	612922106039	NISHA P	Nisha
40	612922106040	NIVETHA R	Nivetha
41	612922106041	PAVITHRA S	Pavithra
42	612922106042	PAVITHRA S	Pavithra
43	612922106043	POORANASHREE M	Poornashree
44	612922106044	PRAVISHASHRI R	Pravishashri
45	612922106045	RAMANI V	Ramani
46	612922106046	RUBA P	Ruba
47	612922106047	SADHA C	Sadha
48	612922106048	SATHYA C	Sathya
49	612922106049	SHALINI S	Shalini
50	612922106050	SHOBIKA M	Shobika
51	612922106051	SHREELA P	Shreela
52	612922106052	SOWNTHARYA T	Sowntharya
53	612922106053	SRI YAMUNESHWARI K	Sri Yamuneshwari
54	612922106054	SRIPRIYA J	Sripriya
55	612922106055	SUBHASHINI P V	Subhashini
56	612922106056	SUMITHA T	Sumitha
57	612922106057	THUTHIMALADEVI J	Thuthimaladevi
58	612922106058	VANITHA M	Vanitha
59	612922106059	VARSHA S S	Varsha
60	612922106060	VISHNU PRIYA R	Vishnu Priya

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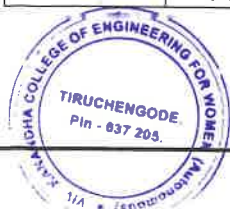
HEALTH AWARENESS AND YOGA SESSION 28.11.2022

DEPARTMENT OF CST

CLASS: I B.E CST

ACADEMIC YEAR: 2022-2023

S.NO	REG.NO	NAME OF THE STUDENTS	REMARKS
1	612922107001	ABIMEGA. S	abs.
2	612922107002	ABINAYA. A	Abinaya
3	612922107003	AGALYA .M	Agalya
4	612922107004	AKHALAYA .K	Akhaya
5	612922107005	AKILA. S	Akila
6	612922107006	ALEENA BIJU	Aleena
7	612922107007	ATCHAYASRI .S	A. Athaya
8	612922107008	AYISHASITHIKA .H	Ayisha
9	612922107009	BRINDHA .V	Brindha
10	612922107010	DEEPAJOTHI. S	Deepa
11	612922107011	DEEPTHI .S	Deepthi
12	612922107012	DIVYA . M	Divya
13	612922107013	DHIVYASRI .J	Dhivya
14	612922107014	GASEENA PARVEEN .S	Gaseena
15	612922107015	GOPIKASRI .R	Gopika
16	612922107016	HARINI .B	Harini
17	612922107017	HARINI .M	Harini
18	612922107018	HARSHITHA .G	Harshitha
19	612922107019	HEMARUBINI.K	Hemaru
20	612922107020	ISHWARYA.V	Ishwarya
21	612922107021	JOHNSI JOY.S	S. Joy Johny
22	612922107022	JOSHIKA.C	Josha
23	612922107023	JOSHNA KUMARI.J	Joshna
24	612922107024	KANIKA.S.D	Kanika
25	612922107025	KAVYA.S	Kavya
26	612922107026	KEERTHANA.V	Keethana
27	612922107027	KIRUTHIKA.C	Kiruthika
28	612922107028	KIRUTHIKA.P	Kiruthika
29	612922107029	MAAHIRA JASMIN.M	Maahira
30	612922107030	MARUSHINI.B	M. Marushini
31	612922107031	MONIKA.M	Monika
32	612922107032	MONISHA.T	Monisha
33	612922107033	NARMADHA.T	Narmadha



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34	612922107034	NIVETHITHA.T	Nivethitha
35	612922107035	POONKODI.M	Poonkodi M
36	612922107036	PRAJITHA.B	Prajitha
37	612922107037	PRIYADHARSHINI.L	Priyadharshini
38	612922107038	PRIYADHARSHINI.S	Priyadharshini
39	612922107039	PRIYANKA.S	Priyanka
40	612922107040	RAMYA.A	Ramya
41	612922107041	RAMYA.D	Ramya
42	612922107042	RATHNA.S	Rathna
43	612922107043	RENUGADEVI.B	Renugadevi
44	612922107044	SANJANA.G	Sanjana
45	612922107045	SELVAROHINI.P	Selvarohini
46	612922107046	SENTHAMILBHARATHI.K	Senthambharathi
47	612922107047	SHAKITHA SAM.S	Shakitha
48	612922107048	SHANMATHI.R	Shanmathi
49	612922107049	SHANTHINI.G	Shanthini
50	612922107050	SHOBIKA.P.D	Shobika
51	612922107051	SHREE GAYATHRI.J	Shree Gayathri
52	612922107052	SRI LAKSHMI MALINI.V	Sri Lakshmi Malini
53	612922107053	SUDAROLI.R	Sudaroli
54	612922107054	SUJITHRA.P	Sujithra
55	612922107055	SUVETHA.S	Suvetha
56	612922107056	SWETHA.M	Swetha
57	612922107057	TAMILSELVI.R	Tamilselvi
58	612922107058	TARSHA MOUNIC.S.P	Tarsha Mounic
59	612922107059	UDHAYAPRIYA.R	Udhayapriya
60	612922107060	USHA.P	Usha
61	612922107061	VAISHNAVI.M	Vaishnavi
62	612922107062	VARSHINI.R.P	Varshini
63	612922107063	VENNILA.R	Vennila

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STRESS MANAGEMENT AND YOGA SESSION- 21.12.2022

GUEST PROFILE



Mrs.Rathna Devi

Art of Living

Pollachi

Mob: 8870362324

Skills: Yoga trainer, course organizer, Team Player,


Languages known: English, Tamil

Experience: Well Disciplined and focused yoga professional with five years of yoga experience in the relevant field.

Capable of handling students effectively.

Organized various yoga programs to colleges and schools




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STRESS MANAGEMENT AND YOGA SESSION
21.12.2022

S.No.	Name	Institute Name	Designation	REMARKS
1	MISS MAHESHWARI.A	M KUMARASAMY COLLEGE OF ENGINEERING, KARUR	ASSISTANT PROFESSOR	Made
2	MRS. JOTHIMANI S	M.KUMARASAMY COLLEGE OF ENGINEERING	ASSISTANT PROFESSOR	John
3	MRS. SANMUGAVALLI P	M.KUMARASAMY COLLEGE OF ENGINEERING	ASSISTANT PROFESSOR	Agnes
4	MR. SATHISHKUMAR.P	K.S.RANGASAMY COLLEGE OF TECHNOLOGY	ASSOCIATE PROFESSOR	Am
5	DR. K.SAKTHIVEL	K S RANGASAMY COLLEGE OF TECHNOLOGY	PROFESSOR	KSV
6	DR. MARI SELVAM	M.KUMARASAMY COLLEGE OF ENGINEERING	ASSISTANT PROFESSOR	Mari
7	DR. C NALLUSAMY	K.S.RANGASAMY COLLEGE OF TECHNOLOGY	PROFESSOR	C.Na
8	MR. R.T.DINESH KUMAR	K.S.RANGASAMY COLLEGE OF TECHNOLOGY	ASSISTANT PROFESSOR	R.T.D
9	DR. S. SIVASANKAR	GOVERNMENT COLLEGE OF ENGINEERING SENGIPATTI THANJAVUR	ASSISTANT PROFESSOR	Sivasankar
10	MR. R.RUBAN RAJA	VIVEKANANDHA COLLEGE OF TECHNOLOGY FOR WOMEN	ASSISTANT PROFESSOR	R.R.R
11	MR. KARUPPAIAH	MOOKAMBIGAI COLLEGE OF ENGINEERING	ASSISTANT PROFESSOR	Karuppaiah
12	DR. PRAKASH SELVAM	SELVAM COLLEGE OF TECHNOLOGY	ASSOCIATE PROFESSOR	Prakash
13	DR. SASIKUMAR M	K.S.RANGASAMY COLLEGE OF TECHNOLOGY	ASSISTANT PROFESSOR	Sasikumar
14	MR. MAGUDESWARAN	VIVEKANANDHA COLLEGE OF ENGINEERING FOR WOMEN TIRUCHENGODE	ASSISTANT PROFESSOR	Magudeswaran
15	DR. J.MURUGANANTHAM	VIVEKANANDHA COLLEGE OF ENGINEERING FOR WOMEN	ASSOCIATE PROFESSOR	J.Muruganantham
16	MR. PRADEEP. A	VIVEKANANDHA COLLEGE OF ENGINEERING FOR WOMEN	ASSISTANT PROFESSOR	Pradeep
17	MR. JEYAPRAKASH P	VIVEKANANDHA COLLEGE OF TECHNOLOGY FOR WOMEN	ASSISTANT PROFESSOR	Jeyaprakash
18	MR. SRINIVASAN R	VIVEKANANDHA COLLEGE OF TECHNOLOGY FOR WOMEN	ASSISTANT PROFESSOR	Srinivasan




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STRESS MANAGEMENT AND YOGA SESSION
21.12.2022

19	DR. AMIT KUMAR SINGH	VSB ENGINEERING COLLEGE KARUR	PROFESSOR	
20	MR. SHANMUGASUNDARAM J	VIVEKANANDHA COLLEGE OF ENGINEERING FOR WOMEN	ASSISTANT PROFESSOR	
21	MRS. A.PREETHI	VIVEKANANDHA COLLEGE OF ENGINEERING FOR WOMEN	ASSISTANT PROFESSOR	
22	MR. RAJA T	VIVEKANANDHA COLLEGE OF TECHNOLOGY FOR WOMEN	ASSISTANT PROFESSOR	
23	MRS. MALINI P	VIVEKANANDHA COLLEGE OF TECHNOLOGY FOR WOMEN	ASSISTANT PROFESSOR	
24	MRS. P.ARULMOZHI	VIVEKANANDHA COLLEGE OF TECHNOLOGY FOR WOMEN THIRUCHENCODE	ASSISTANT PROFESSOR	
25	MR. PRABHU L	KPR INSTITUTE OF ENGINEERING AND TECHNOLOGY	ASSISTANT PROFESSOR	
26	MRS. P.MADHUMATHI	VIVEKANANDA COLLEGE OF ENGINEERING FOR WOMEN (AUTONOMOUS)	FULL TIME RESEARCH SCHOLAR	
27	MISS SHOBANA S	VIVEKANANDHA COLLEGE OF ENGINEERING FOR WOMEN(AUTONOMOUS)	FULL-TIME RESEARCH SCHOLAR	
28	MRS. SENTAMILSELVI M	M.KUMARASAMY COLLEGE OF ENGINEERING	ASSISTANT PROFESSOR	
29	MRS. INDUMATHI V	K S RANGASAMY COLLEGE OF TECHNOLOGY	ASSISTANT PROFESSOR	
30	MR. NARESHBABU G	RAJALAKSHMI ENGINEERING COLLEGE	ASSISTANT PROFESSOR	
31	MISS SRINITHI S	SONA COLLEGE OF TECHNOLOGY	ASSISTANT PROFESSOR	
32	MR. M.SUNDARAPERUMAL	GNAMAMANI COLLEGE OF TECHNOLOGY	ASSISTANT PROFESSOR	
33	MR. PRAVEEN KUMAR R	GNAMAMANI COLLEGE OF TECHNOLOGY	ASSISTANT PROFESSOR	
34	MR. SATHEESHKUMAR BK	GNAMAMANI COLLEGE OF TECHNOLOGY	ASSISTANT PROFESSOR	
35	MR. VENKATESH N	ST. JOSEPH'S COLLEGE OF ENGINEERING	PROFESSOR	

YOGA INCHARGE

HOD



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